

MyPyramid Bingo

Version II

Supplies

MyPyramid bingo cards (7 different cards available)
small bathroom dispenser cups
dried beans
MyPyramid Bingo clue cards
MyPyramid Bingo answer sheet
prizes (winner cards, fresh fruit, etc.)

Instructions

Place dried beans in cups. Dried beans are to be used as bingo game pieces. Distribute bingo cards and dried beans to players. Instruct them to put a game piece in the free space on their card. Tell them you will be calling out a clue for one of the foods found on their bingo card. The players need to place a game piece (dried bean) on the bingo card picture of the food described on the clue card.

The game caller must first cut out the MyPyramid Bingo clue cards then shuffle them. With the deck of cards face down, pick the top card and read the clue for a food written on the card. After the game caller reads the MyPyramid Bingo clue card, they place that card on the answer sheet on top of the food described by the clue card.

To win the game, the players need to line up game pieces vertically, horizontally or diagonally on their bingo cards. When they completely fill in a line with their game pieces they must yell out loud "MyPyramid Bingo" for everyone to hear. The first person to yell out "MyPyramid Bingo" must have their answers checked before they are declared the winner. To check the card of a person who yells bingo ask them to tell you the name of each food found in their vertical, horizontal or diagonal line. They are a winner if the answers are in a horizontal, vertical or diagonal line and their food names correspond with the foods found on your answer card.

Enclosed are optional winner game cards to use as prizes. Other suggestions for prizes would be healthy snacks, MyPyramid mini-poster, pencil, etc.



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This material was funded by USDA's Food Stamp Program.

CLUE CARDS

<p>This food belongs to the fruits group. It is divided into segments.</p> <p>ORANGE</p>	<p>This food belongs to the milk group. Mice are especially fond of it.</p> <p>CHEESE</p>	<p>This food belongs to the grain group. It rhymes with ice.</p> <p>RICE</p>	<p>This food belongs to the milk group. It is enjoyed when poured on top of your cereal.</p> <p>MILK</p>	<p>This food is needed for good health but in small amounts. It is not in a food group but is part of the MyPyramid.</p> <p>OILS</p>
<p>This food belongs to the meat & beans group. It comes from a pig.</p> <p>HAM</p>	<p>This food belongs to the meat & bean group. It is often accompanied by jelly.</p> <p>PEANUT BUTTER</p>	<p>This food belongs to the grain group. Slice it and make your favorite sandwich.</p> <p>BREAD</p>	<p>This food belongs to the vegetable group. It is a favorite food of rabbits.</p> <p>CARROT</p>	<p>This food belongs to the grain group. It comes in a variety of shapes, served in salads or topped with sauce.</p> <p>PASTA</p>
<p>This food belongs to the vegetable group. It grows underground. It can make you cry.</p> <p>ONION</p>	<p>This food belongs to the fruit group. It is grown in clusters and monkeys love to eat it.</p> <p>BANANA</p>	<p>FREE</p>	<p>This food belongs to the vegetable group. It is red and juicy and often the main ingredient in sauces.</p> <p>TOMATO</p>	<p>This food belongs to the meat & bean group. It will crack if dropped.</p> <p>EGG</p>
<p>This food belongs to the meat & bean group. They may need to be soaked before cooking.</p> <p>BEANS</p>	<p>This food belongs to the grain group. It is commonly known as a breakfast food.</p> <p>CEREAL</p>	<p>This food belongs to the grain group. It is shaped like a donut with a hole in the middle.</p> <p>BAGEL</p>	<p>This food belongs to the vegetable group. It grows underground and is very popular french fried.</p> <p>POTATO</p>	<p>This food belongs to the milk group. It comes in many flavors and fruit is often added.</p> <p>YOGURT</p>
<p>This food belongs to the fruits group. It is red, juicy, and sweet with lots of tiny seeds. It goes well with shortcake.</p> <p>STRAWBERRIES</p>	<p>This food belongs to the vegetable group. It looks like a tree.</p> <p>BROCCOLI</p>	<p>This food belongs to the fruit group. It comes in red, yellow and green colors. Hot cider is made from these.</p> <p>APPLES</p>	<p>This food belongs to the meat & bean group. It is harvested from the ocean.</p> <p>TUNA</p>	<p>This food belongs to the vegetable group. It grows in a pod.</p> <p>PEAS</p>

ANSWER SHEET

ORANGE	CHEESE	RICE	MILK	OILS
HAM	PEANUT BUTTER	BREAD	CARROT	PASTA
ONION	BANANAS	<u>FREE SPACE</u>	TOMATO	EGG
BEANS	CEREAL	BAGEL	POTATO	YOGURT
STRAWBERRIES	BROCCOLI	APPLE	TUNA	PEAS