

Polish Food

Word List

Cabbage Salad
(Salatka z Kapusty)

Butter
(Maslo)

Pork Cutlets
(Kotlety Schabowe)

Cheese-Filled Crepes
(Nalesniki z Serem)

Noodles
(Kluski)

Herring Salad
(Salatka Sledziowa)

Apple Tart
(Szarlotka)

Small Pies
(Pierogies)

Filled Doughnuts
(Paczki)

Cheese
(Sera)

Bread
(Chleb)

Potato
(Ziemniak)

Sausage
(Kielbasa)

Tea
(Herbata)

Mushroom Soup
(Zupa Pieczarkowa)

Marinated Herring
(Marynowane Sledzie)

Poppy Seed Roll
(Strucle z Makiem)

Duck Blood Soup
(Czarnina)

Potato Pancakes
(Placki Kartoflane)

Stuffed Cabbage
(Golabki)

Hunter's Stew
(Bigos)

Potato Dumplings
(Pyzy)

Coffee
(Kawa)

Borscht
(Barszcz)



UNIVERSITY OF ILLINOIS
EXTENSION
FAMILY NUTRITION PROGRAM
EXPANDED FOOD AND NUTRITION
EDUCATION PROGRAM

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University of Illinois Extension provides equal opportunities in programs and employment.

The Family Nutrition Program is funded with Food Stamp Administrative funds by the Food, Nutrition & Consumer Services of the U.S. Department of Agriculture.