Family Fun Activity ꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜꩜

Indoor Volleyball – Have an indoor "volleyball" game with a small blanket or towel and a balloon. Have a person hold each end of the towel or blanket and flip the balloon in the air and try to catch it. See which "team" can make the most catches.

Become Birdwatchers – Check out books or internet sites on birds. Try to identify birds by their appearance or birdcalls. Get out the binoculars and see how many different birds you can find.

Bugs in the Bed *(Makes 16 servings)*

Supplies:

4 green apples
½ cup chunky peanut butter
½ cup chopped peanuts (optional)
½ cup crisped rice cereal
¼ cup raisins

What to Do:

Cut apples into quarters and remove core, leaving core hollow for filling. Mix peanut butter, chopped peanuts, cereal, and raisins and spoon into apple hollows.

Magical Fruit Salad

Supplies:

1 20-ounce can pineapple tidbits, packed in juice
½ pound seedless grapes, cut into halves
2 bananas
¾-1 cup skim milk
1 3-1/2 ounce package instant lemon or vanilla pudding

What to do:

1. Drain pineapple tidbits and place in bowl.
2. Rinse grapes, pat dry and cut in halves.
3. Add grapes to pineapple.
4. Peel bananas and cut into bite-size pieces, add to pineapple.
5. Pour the milk over the fruit.
6. While slowly stirring the fruit mixture, sprinkle in the pudding.
7. Let mixture stand for 5 minutes.
8. Serve.