

Family Fun Activity ~~~~~

Family Mealtime Traditions – Discover family mealtime traditions. Explore the history of your favorite family recipe. Make a book of family recipes or special food traditions.

“Paperball” Fun – Have a “paperball” fight indoors. Make balls from wadded up newspaper and throw them at each other. Use sofa cushions for your fort.

Karaoke – Put on some music and everyone gets a chance at karaoke. No booing allowed!

Fish in the Pond

Supplies:

2 celery stalks

1/4 cup any cheese spread (tinted green, if desired)

8 fish-shaped crackers

What to do:

1. Wash and trim celery stalks and cut into two.
2. Fill each stalk with cheese spread.
3. Top each with 2 fish crackers and serve.

Shaped Bread Sticks

Supplies:

1 frozen loaf of whole wheat bread dough

What to Do:

1. Thaw and divide each loaf into 16 equal pieces.
2. Roll each piece of dough into a 10-inch long strip.
3. Place strips on a greased baking sheet. Form into any desired shape.
4. Brush dough with melted margarine.
5. Sprinkle with garlic powder, Parmesan cheese, or sesame seeds.
6. Let rise in a warm place for 15 minutes.
7. Bake at 400 degrees F for 15 minutes, and serve.