

Family Fun Activity ~~~~~

Have a Family Olympics – Plan events that everyone can enjoy. It can range from physical activities like hopping on one foot to silly events like who has the longest ear lobes, who can separate their toes the farthest, or who is most ticklish.

Hopscotch – Make your own hopscotch course on the driveway or sidewalk.

Frisbee – Toss a Frisbee or play tug-o-war.

4

Cat's Eye

Supplies:

½ cup peanut butter (creamy or chunky)	1 banana, peeled and cut into 8 round slices
8 whole-wheat crackers	8 raisins

What to do:

1. Spread peanut butter on crackers and top each with a slice of banana.
2. Place a raisin in center of each banana to form a cat's eye.
3. Repeat for all banana-topped crackers.

Butterfly Bites

Supplies:

2 celery ribs	broken pretzel pieces
1 8-ounce jar cheddar cheese spread	12 raisins
8 large twist pretzels	

What to Do:

1. Cut celery ribs in half crosswise. Fill with cheese.
2. Stick a twist pretzel onto both long edges of celery to form butterfly wings.
3. Use broken pieces to make antennae at one end.
4. Place 3 raisins down the middle of the cheese for decoration.