Family Fun Activity

Celebrate Earth Day – Celebrate Earth day by planting a family tree. Check out which trees grow well in your climate. Are you going to plant it in a sunny or shady spot? Choose a tree. Let everyone help at planting time: digging, preparing the hole, planting and watering. Also learn to care for your new family tree. Each year you can take a "birthday" picture of your family and the family tree.

Make Paper Airplanes – Design and make paper airplanes. Test them out. See which plane can fly the highest, the farthest, and the fastest, land softest, etc.

Fruit and Cheese Kabobs

Supplies:
Variety of fresh fruits, cubed (berries, bananas, melons, etc.)
Variety of cheese, cubed (American, cheddar, mozzarella, Swiss, etc.)
Pretzel sticks

What to do:

1. Use pretzel sticks to spear the fruit and cheese, and then place on plate to serve.

No-Bake Granola Bars (Makes 18 squares)

Supplies:

2 ½ cups rice cereal
2 cups quick-cooking oats
½ cup raisins
½ cup packed brown sugar
½ cup light corn syrup
½ cup peanut butter
1 teaspoon vanilla
cooking spray

What to do:

2. Place the cereal, oats and raisins in a large mixing bowl and stir together.
3. In a small saucepan, mix together the brown sugar and corn syrup. Set the heat to medium-high and stir constantly.
4. When the mixture begins to boil, remove pan from heat.
5. Add the peanut butter and vanilla to the sugar mixture in the saucepan. Mix until smooth.
6. Pour the peanut butter mixture over the rice cereal, oats, and raisins; mixing well.
7. Lightly spray a 9X13-inch baking pan with cooking spray. Press the mixture into the pan.
8. Allow to cool.
9. Cut into squares and serve.