



Shopping For Food

Use Coupons to Save Money

1. Find coupons in Sunday newspapers, weekly newspaper ads, magazines, in the store, and on packages.
2. Check coupons for expiration dates, and sizes you can buy.
3. Organize coupons to save time and money.
4. Use coupons for food on your shopping list.
5. Compare prices. Some brands may be cheaper than the coupon brand.
6. Don't spend money just because you have a coupon!



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