

## LET'S FIND THE BREADS, CEREALS, RICE & PASTA WORD GAME\*

In this puzzle you can find 17 words relating to the Grain Group. You may work horizontally or vertically. You may use the same letter twice.

F	V	X	M	A	C	A	R	O	N	I
L	W	Y	U	A	T	R	I	C	O	W
O	U	Z	F	C	D	S	C	A	O	K
U	T	U	F	P	O	G	E	L	D	C
R	S	O	I	O	G	R	R	O	L	L
C	O	R	N	M	E	A	L	F	E	A
A	R	O	S	T	A	I	C	U	S	L
C	M	T	B	S	O	N	R	P	S	B
D	O	E	B	R	G	T	A	N	V	D
E	N	I	R	O	N	U	C	N	X	E
F	P	N	E	A	T	R	K	E	O	R
W	H	E	A	T	U	P	E	R	I	N
R	Z	R	D	M	R	G	R	I	T	S
V	W	S	U	E	V	U	D	G	E	O
U	V	I	Y	A	M	I	N	S	F	R
T	X	T	V	L	X	R	S	O	G	I
S	P	A	G	H	E	T	T	I	H	U

**Answers are on the back.**

\*Adapted from: "Heart Healthy Snack Choices", Cornell Cooperative Extension, Nassau County



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\* Local Extension Councils Cooperating**

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This material was funded by USDA's Food Stamp Program.

## **Answers to Breads and Cereals Word Game.**

Macaroni  
Muffins  
Cornmeal  
Noodles  
Rice  
Oatmeal  
Wheat

Spaghetti  
Cracker  
Flour  
Roll  
Grits  
Bread  
Grain