

# Keep the Kitchen a Safe Place for Children

1. Keep kitchen dangers out of your child's reach.

## Kitchen Dangers:

- Sharp objects
- Hot food and liquids
- Table cloths
- Dangling appliance cords
- Uncovered electric outlets
- Hot oven doors
- Pot and pan handles pointing out over the stove top



2. Keep the temperature of your hot water below 120 degrees by turning down the temperature of your hot water heater.
3. Keep young children in a safe place (high chair, playpen, etc.) while cooking to keep them away from kitchen hazards.
4. Older children tall enough to operate a microwave, toaster or oven still need adult supervision.
5. Have a fire escape plan, an extinguisher that is for kitchen fires, and a smoke alarm.

