



Food Safety On The Road



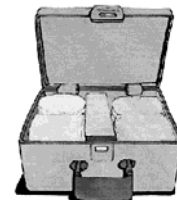
✓ **PLAN AHEAD**

- Place perishable foods in a cooler with ice or freezer packs.
- Freeze water in clean milk cartons or other large containers for use as ice in your insulated coolers.
- Freeze food items that can be frozen to help keep the cooler cold. Many foods will thaw by the time you are ready to eat.



✓ **PACK SAFELY**

- Use clean bags, boxes, or even laundry baskets for food that won't spoil.
- Take along wet washcloths in a plastic bag and dry hand towels or paper towels for cleaning hands before and after eating.
- Rinse fruits and vegetables before packing.



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