



ILLINOIS
UNIVERSITY OF ILLINOIS AT URBANA-CHAMPAIGN

PARENT CONSENT FORM

PURPOSE: The University of Illinois in partnership with Family Nutrition Program (FNP) and Expanded Food & Nutrition Education Program (EFNEP) is doing a research project on cooking school programs. It is a pre-post test for youth FNP and EFNEP participants. The purpose is to find out what kids learn in cooking school. Researchers are members of the U of I Extension Nutrition & Wellness Team. Results of this research will be written in annual reports presented at meetings.

PROCEDURE: During a week of cooking school, your child will learn to prepare basic meals for him/herself and your family.

COMPENSATION: At the end of the cooking school, your child will receive copies of the recipes s/he made in class.

VOLUNTARY PARTICIPATION: Your child will get to choose to answer the questions and can choose not to answer them. If s/he answers, don't answer, or wants to stop it will have no effect on any future contact with the University of Illinois.

RISKS and BENEFITS: I know my child will be able to shop for and make healthful foods for him/herself and my family after finishing cooking school. There is no risk to my child that is different than what s/he does daily.

CONFIDENTIALITY: I understand that no one will know what my child answered on the pre and post tests used in cooking school. All answers will be kept private.

COPY: I understand that I will receive a copy of this form for my records.

WHOM TO CONTACT: For any research questions, please call Dr. Robin Orr at 217-244-2855 (raorr@illinois.edu) or Dr. Victoria Rowe at 217-244-2857 (vrowe@illinois.edu). For questions about your rights as a participant in this study, please contact the University of Illinois Institutional Review Board at 217-333-2670 (collect calls accepted if you identify yourself as a research participant), or via e-mail at irb@illinois.edu.

CONSENT: I voluntarily agree that my child may participate in this cooking school. I have read this form and have had the opportunity to ask questions about the project. The purpose, procedures, risks and benefits have been explained to me.

Name of child participating in cooking school

Parent signature

Date