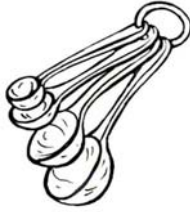


# Cooking School - Adult Summer



Classes will meet for one week  
Monday - Friday  
9:00 a.m. - 1:00 p.m.  
Open to adults  
There is no cost to participants.



Each day participants will prepare and eat a breakfast and lunch meal. They will learn to read a recipe, cooking techniques, nutrition, food shopping, food safety, menu planning, and food storage.

Cooking School - Level III participants will receive  
recipes prepared in class.

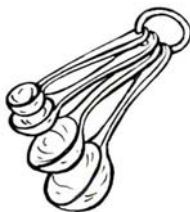
For more information contact your local Extension office.



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