



ADULT CONSENT FORM

PURPOSE: The University of Illinois in partnership with Family Nutrition Program (FNP) and Expanded Food & Nutrition Education Program (EFNEP) is doing a research project on cooking school programs. It is a pre-post test for youth and adult FNP and EFNEP participants. The purpose is to find out what people learn in cooking school. Researchers are members of the U of I Extension Nutrition & Wellness Team. Results of this research will be written in annual reports presented at meetings.

PROCEDURE: During a week of cooking school, I will learn to prepare basic meals for my family.

COMPENSATION: At the end of the cooking school, I will receive copies of the recipes I made in class.

VOLUNTARY PARTICIPATION: I get to choose to answer the questions and can choose not to answer them. If I answer, don't answer, or want to stop it will have no effect on any future contact with the University of Illinois.

RISKS and BENEFITS: I know I will be able to shop for and make healthful foods for me and my family after finishing cooking school. There is no risk to me that is different than what I do daily.

CONFIDENTIALITY: I understand that no one will know what I answered on the pre and post tests used in cooking school. All answers will be kept private.

COPY: I understand that I will receive a copy of this form for my records.

WHOM TO CONTACT: For any research questions, please call Dr. Robin Orr at 217-244-2855 (raorr@illinois.edu) or Dr. Victoria Rowe at 217-244-2857(vrowe@illinois.edu). For questions about your rights as a participant in this study, please contact the University of Illinois Institutional Review Board at 217-333-2670 (collect calls accepted if you identify yourself as a research participant), or via e-mail at irb@illinois.edu.

CONSENT: I voluntarily agree to participate in this cooking school. I have read this form and have opportunity to ask questions about the project. The purpose, procedures, risks and benefits have been explained to me.

Signature of Participant

Date