

WHAT'S IN YOUR CEREAL?



Directions: Complete the table.

	FROOT LOOPS	FROSTED FLAKES	RAISIN BRAN	FROSTED MINI-WHEATS
YOUR FAVORITE (CHECK ONE)				
HOW MUCH FIBER ___?___ g	_____ g	_____ g	_____ g	_____ g
HOW MUCH SUGAR ___?___ g	_____ g	_____ g	_____ g	_____ g



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